



## SEMINAR ON PAIN MANAGEMENT & PALLIATIVE CARE ADVANCES 18<sup>th</sup> November 2019, Monday (09.00 AM to 5.00 PM)

Venue: Tamil Virtual Academy, Anna University Campus, Gandhi Mandapam Road, Kotturpuram, Chennai - 600025.

City to witness critical deliberations in Pain Management and Palliative Care

Advances at high level seminar on 18th Novemver 2019.



Chief Guest and Speakers at the Inauguration dias



Academy's TwinTech Healthcare Prof Director for Strategy Ramakrishnan flagged off the day's deliberation with a warm welcome address and also briefed healthcare and academic activities of TwinTech Academy and he also had an interesting note on the need for teaching and training initiatives in an organization and a quick and lively introduction of the day's speakers.



Dr.Republica Sridhar Founder and Managing Trustee., RMD Pain and Palliative Care Trust - presented the overview of the seminar and also highlighted the activities of RMD Pain and Palliative Care Trust.

The RMD Trust also runs the RMD academy offereing various program, most importantly they are inculcated with the qualities of love, patience and respect for elders and absorbed in the RMD centres, some of them are also placed in external hospitals.

The Seminar as inaugurated by lighting the lamp by Dr.T. Mohana Sundaram MBBS, MD ,General Medicine,Diploma in Anesthesiology and President-Tamilnadu palliative care society,Chennai along with esteemed speakers.











More than 150 delegates from Various Healthcare intuitions from Tamilnadu attended this daylong seminar.









Conference Messages from Renowned ExpertsFor the Seminar on Pain Management& Palliatice Care Advances on 18.11.2019 were read by Shri A Mahalingam, Founder and Managing Director of TwinTech Healthcare Academy, a unit of Twintech Academy Business Management Soulutions Pvt. Ltd. Chennai.

## Congratulatory Message from Governor of Tamil Nadu - Hon'ble Shri. Banwarilal Purohit







RAJ BHAVAN, Chennai-600 022.

GOVERNOR TAMIL NADU

#### MESSAGE

It gives me immense pleasure to learn that TwinTech Healthcare Academy and RMD Academy for Health, Chennai, are jointly organizing a seminar on Pain Management & Palliative Care Advances on 18th November, 2019 at Chennai and is bringing out a souvenir to mark the occasion.

Society at large, especially the Medical fraternity has a moral and professional responsibility of ensuring the physical and mental wellbeing of our senior citizens whom we respect and adore, by providing them customized healthcare, moral support and comfort.

Palliative care is emerging as a key branch of healthcare although it still has not received its due importance. I am sure that this conference will enlighten and educate healthcare professionals in dispensing specialized care to the aged and inculcate the human values of love, care and concern for the aged. I congratulate the organizers for focussing on a very humanitarian branch of healthcare, namely 'Palliative Care'.

I convey my best wishes for the success of the conference and extend my warm greetings to the participants.

(BANWARILAL PUROHIT)

Chennai, 1<sup>st</sup> November, 2019

# Congratulatory Message from Dr Harsh Vardhan Ministry of Health and Family Welfare, Govt of India









#### डॉ हर्ष वर्धन Dr Harsh Vardhan

स्वास्थ्य एवं परिवार कल्याण, विज्ञान और प्रौद्योगिकी व पृथ्वी विज्ञान मंत्री, भारत सरकार Union Minister for Health & Family Welfare, Science & Technology and Earth Sciences Government of India



#### **MESSAGE**

I am very pleased to learn that TwinTech Healthcare Academy is organizing a conclave on Pain Management & Palliative Care on 18<sup>th</sup> November, 2019 at Chennai (TN).

- 2. TwinTech Academy is engaged in offering practical and implementable solutions in the areas of healthcare education and training. It is applaudable that they are providing training to healthcare professionals to serve the senior citizens. This Conclave I am informed, will have sessions addressed by the stalwarts from the field of pain management and palliative care and will be attended by delegates from across the country. I am hopeful that the Conference will provide a platform to exchange the expertise, experience of medical fraternity to update their knowledge and skills improving quality of health service delivery.
- 3. Felicitations to TwinTech Academy and its dedicated team for their years of service and success. For the years to come I wish all the best to the entire team who have contributed significantly to the growth of the organization and rendered tireless service to the people.

(Dr. Harsh Vardhan)

#### Congratulatory Message from

#### Dr. K. Ramnarayan

Chairperson - Manipal University Jaipur., Vice President - Faculty Development,. Manipal Academy of Higher Education, Manipal - Karnataka



16 October 2019

Mr. A Mahalingam Managing Director TwinTech Healthcare Academy 11/A, CRPF Road, Moogambikai Nagar New Vellanur, Avadi, Chennai – 600 062 Mobile: 97104 85295 / 98405 23560

Dear Mr Mahalingam,

The commendable initiative of Twin Tech Academy and RMD Palliative Care focusses on a very relevant but often neglected area in healthcare. Healthcare will be meaningful and will meet its objectives only when it stretches out and effectively reaches across to the old, feeble and weaker sections of society.

I am delighted to note that TwinTech Healthcare Academy and RMD Palliative Care, the two pioneers in their fields have embarked on this niche exercise of educating and training health professionals on the nuances and intricacies of treating the elderly through efficient Palliative care leading to their optimum health and cheer. This is both timely and timeless – timely in context of its dire need today, timeless in terms of the everlasting impact it will have on the geriatric population.

I am sure that this laudable venture would go a long way in improving the health and living conditions of the elderly.

I wish every success for rewarding deliberations and learning experiences.

Warmest wishes,

Dr K Ramnarayan MBBS, MD (Pathology), PG Dipl. Higher Education

Chairperson-Manipal University Jaipur Vice-President-Faculty Development &

Former Vice Chancellor

Manipal Academy of Higher Education

Manipal 576104 Karnataka



# Congratulatory Message from Dr V.Shanta Chairman - Cancer Institute (WIA) Chennai, Tamilnadu, India



Dr. V. Shanta, M.B.B.S, D.G.O, M.D Chairman, Cancer Institute (WIA) Chennai, Tamilnadu, INDIA

#### Awardee of:

Padma Shri & Padma Bhushan /Ramon Magsaysay Award IARC Award- Work for Development of Registries in India. D.Sc. Shri Venkateswara University /D.Sc Tamil Nadu Dr.M.G.R.Medical University Nazli-Gad-El-Mawla Award /Avvaiyar Award by

Government of Tamilnadu
D.Sc. Dr. NTR University of Health Sciences &
D.Sc. Sathyabama University & Many Life Time

30.10.2019

#### Mr. A. Mahalingam,

TwinTech Healthcare Academy, Chennai.

#### Greetings from Dr V.Shanta, Cancer Institute (WIA) Chennai!

Thank you for requesting a message on the occasion of Conclave on Pain Management & Palliative Care advances, to be held under the hospice's TwinTech Healthcare Academy. I append below a few thoughts on the subject.

#### PALLIATIVE CARE AND PAIN MANAGEMENT

Thank you for the opportunity to share some of my thoughts on pain relief and advances in palliative care. Congratulations on your organizing a conclave on the subject. There is no doubt that there is increasing awareness about the need for palliative care and related issues.

#### PALLIATIVE CARE IS A SPECIALTY TODAY

It is time to ponder on what has been achieved. I am sorry that we do not have reliable data on the subject. Successful palliative care is determined by the family satisfaction which can be documented. A major deficiency that I noticed is the lack of humanity, social justice and medical ethics in the graduate and post-graduate curricula. This seems to be a major component of a good doctor-patient relationship but is lacking in today's practice.

The success of palliative care is measured not only by the degree of pain relief or symptom control but the satisfaction of the family. To watch the agony of pain can be most distressing. It is this distress, caused by agonizing pain due to lack of adequate pain control in her young sister in 1923, that evoked the dream of a cancer hospital in the mind of Dr.Muthulakshmi Reddy. She was a legend in her lifetime and founder of the Cancer Institute (WIA) at Chennai, the second in the country. We have to satisfy the patient and the near and dear.

Medical professionals especially a palliative care professional must be an embodiment of patience, compassion, and empathy – the human touch, which alone can bring a smile and hope. Hope never dies.

Sincerely yours,

Dr. V. Shanta, M.B.B.S, D.G.O, M.D

Chairman - Cancer Institute (WIA) Chennai, Tamilnadu, India

The daylong seminar witnessed some highly engaging and in-depth talks on a wide spectrum of topics related to Pain Management and Palliative Care Advances by the eminent experts in the filed of Palliative Care.

# CONCEPT OF PALLIATIVE CARE AND PAIN MODERATOR

DR. SUBATHRA MUTHUKUMARAN M.D.
(ANAES),
NATIONAL FACULTY, IAPC. CONSULTANT IN PALLIATIVE MEDICINE

#### **SPEAKERS**

DR. NIRANJANA M.D.S LAKSHMI PAIN AND PALLIATIVE CARE TRUST

MRS. VIJAYALAKSHMI- PSYCHOLOGIST LAKSHMI PAIN AND PALLIATIVE CARE TRUST













# PSYCHOSOCIAL ASPECTS AND SUPPORTIVE CARE IN ICU PRESPECTIVE

### **MODERATOR**

#### DR. T. MOHANA SUNDARAM MBBS, MD

PRESIDENT-TAMILNADU PALLIATIVE CARE SOCIETY – CHENNAI & FOUNDER-SUDHARSANA PALLIATIVE CARE HOSPITAL

### **SPEAKERS**

#### DR. SHAFIKA BANOO

CAN CARE FOUNDATION & APOLLO CANCER INSTITUTE.

#### DR. SHREE SRI RAM

MEDICAL DIRECTOR - MARUMAI, CONSULTANT - RMD / BEST HOSPITAL











#### PEDIATRIC ONCOLOGY- WHATS DIFFERENT

#### **MODERATOR**

DR. JULIUS SCOTT, MD, DCH, DNB.,
DEPARTMENT OF PEDIATRIC HEMATOLOGY AND ONCOLOGY.
SRI RAMACHANDRA MEDICALUNIVERSITY.

#### **SPEAKERS**

DR. REJIV RAJENDRANATH INTEGRATED CANCER CARE GROUP, APOLLO HOSPITALS.

DR. P. RAJKUMAR MS, M.CH.,
CONSULTANT-SURGEON ONCOLOGIST
INTEGRATED CANCER CARE GROUP, KAMAKSHI MEMORIAL
HOSPITAL











#### DR. POI CHOO HWEE

# SENIOR CONSULTANT AT DEPARTMENT OF PALLIATIVE MEDICINE, TAN TOCK SENG HOSPITAL (TTSH) –SINGAPORE



## Asia Pacific Hospice Palliative Care Network -(APHN)



Dr Poi is a Senior Consultant with the Department of Palliative Medicine in Tan Tock Seng Hospital.

She received her accreditation as a specialist in General Medicine and Palliative Medicine in 2010 and 2012 respectively.

Dr Poi has been caring for critically ill patients at the end-of-life and is her department's clinical lead for integrating palliative care with the ICUs since 2015.

She is a Core Clinical Faculty Member of NHG's Internal Medicine Residency Program and Subspecialty Education Coordinator & Site Director for Palliative care in her hospital's Residency programme.

#### **ADVANCE IN PAIN MANAGEMENT**

#### **MODERATOR**

#### DR.REPUBLICA SRIDHAR

M.B.BS, F.C.C.P., PGDHFF., FOUNDER AND MANAGING TRUSTEE, RMD PAIN AND PALLIATIVE CARE TRUST

#### **SPEAKERS**

#### DR. MADHAN KUMAR.R

CLINICALLEAD-SENIOR CONSULTANT, DEPARTMENT OF PAIN MANAGEMENT, MGM HEALTHCARE

#### DR. K. R. RAMMOHAN

CLINICALLEAD - MGM HEALTH CARE CHENNAI.









# Dr.Madhan kumar, M.B.B.S., M.D., FIPM, FIPP (World Institute of pain, USA)

Medical Advisor-Shreetya Health care

# Dr.Ram Mohan, M.B.B.S., M.D

Clinical Lead and senior consultant apartment of Accident and Emergency Medicine

Chennai
itate President-Society of Ernergency medicine
Medical Advisor -shreeiya Health care

# MANAGEMENT OF SYMPTOMS OTHER THAN PAIN: WHAT'S NEW

#### **MODERATOR**

DR. KALPANA BALAKRISHNAN

DEPARTMENT OF ANESTHESIA., & PAIN AND PALLIATIVE CARE. ADYAR CANCER INSTITUTE (WIA).

#### **SPEAKERS**

DR. A THENDRAL

CONSULTANT ANESTHETIST ADYAR CANCER INSTITUTE, (WIA).

DR. SREELEKHA, - VICE-PRINCIPAL

SRI RAMACHANDRA COLLEGE OF NURSING-SRMC, CHENNAI.









# IMPORTANCE OF GENETIC COUNSELING IN ONCOLOGY

#### **MODERATOR**

PROF. DR. G KUMARAMANICKAVEL, MD MEDICAL DIRECTOR-CENTRE FOR MEDICAL GENETICS

#### **SPEAKERS**

MS P. SUGIRDHANA - B.TECH, CENTER FOR MEDICAL GENETICS, CHENNAI

MS. SREELAKSHMI PRADEEP
M.SC(BIOTECH),
CENTER FOR MEDICAL GENETICS, CHENNAI

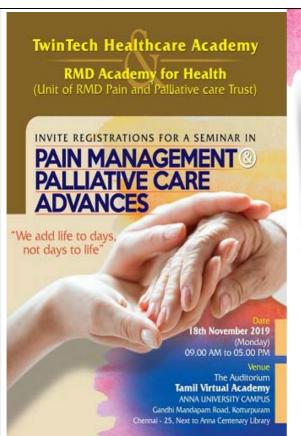








## **Seminar Brochure**



PAIN MANAGEMENT PALLIATIVE CARE ADVANCES

Organizing Team



#### A Mahalingam M B A (HM), PG DOM, Dip in T&D (ISTD), BSOA (BITS), EDHM (LIBA)

Mr.A.Nahalingam known popularly as 'Mahali' in medical and academic circles in national and international circles: His fong tenure (25 years) at Sankara Nethralaya, a unit of Medical Research Foundation, Chennal, the world renowned ophthalmic institution was marked by watershed achievements in diverse areas and his move to Healthcare Management Solutions.

An academician & healthrare administrator par excellence, Mr.A Mahalingam has impressive academic credentials in diverse areas such as Hospital Management, Operations Management, Training & Development from reputed educational institutions like LIBA, IGNOU, BITS, Dilani to name a few besides attending and as well as organizing high profile fold Quality Management programs, seminars and training sessions.

He also Mentor and Guide for MBA in Healthcare Administration Students and Faculty for Healthcare Management and Mary Allied Health Science Courses which is affiliated with The Tamil Nadu Dr MGR Medical University, Chennal and many other university Courses too.

He is well oriented and experienced in Non-Profit Organizations, Corporate Healthcare settings and Healthcare Academics and he also well connected with professionals in healthcare and academics in both domestic and international spheres.



#### Dr.Republica Sridhar

MBBS, FCCP, PGDFH Director - RMD ACADEMY FOR HEALTH Managing Trustee - RMD Pain & Palliative Care Trust.

Dr.Republica Sridhar a Family and Palliative Care Physician a medical graduate from Sri Ramachandra University in 1992. She has been practicing over 18 yrs as medical Director, Founder of RMD Nursing Home, a hospital with 25 beds at T.Nagar.

Dr.Republica Sridhar is also a founder managing trustee of RMD pain and palliative care trust a non profitable organization that focuses palliative and hospice services for lower social economic background. The services offered are inpatient, outpatient, Home care, awareness; community based palliative care in the state.

The Inner desire to touch human lives and to support social needs has led me to seek training and education, specialization in palliather care. From AIMS 2005 (Kochl), Flinders University Australia 2010-2011, Hospital management course in Sankara Nethalaya (Chennai), She has been practicing, palliative care for past 8yrs. Presently providing medical care and look after administration of the 80 beds in 4 different locations at Chennai and Madural.

# **Venue Enterance**



# Registration Counter







# Press Coverage



#### THE TIMES OF INDIA

18th November 2019

Seminar on Pain Management: TwinTech Healthcare Academy is organizing a seminar on Pain Management and Palliative Care Advances at Tamil Virtual Academy in Gandhi Mandapam Road in Kottur on Monday.

Eminent experts in Palliative care and Pain Management will be presenting the very important and key note talks on Palliative Care in ICUs, Overview on Pain Management And Palliative Care, Concept of Palliative Care and Total Pain, Psychosocial aspects and supportive care, Paediatric Oncology – What's different, Advances in pain management, Management of Symptoms other than pain: What's new, Importance of Genetic Counseling In Oncology.

Doctors, Nurses, Counselors, Chaplains, Medical Students, Social Workers / Social Work Students as per an official release.

#### **Deccan Chronicle**





ட்வின்டெக் ஹெல்த்கேர் அகாடமியின் வலி மேலாண்மை குறித்த ஒரு நாள் சிறப்பு கருத்தரங்கம்; 200க்கும் மேற்பட்டோர் பங்கேற்பு

https://www.hindutamil.in/news/tamilnadu/525877-a-one-day-special-symposium-on-pain-management-at-twintech-healthcare-academy-over-200-participants.html



ட்வின்டெக் ஹெல்த்கேர் அகாடமி மற்றும் ஆர்.எம்.டி வலி மற்றும் நோய்த்தடுப்பு பராமரிப்பு மையம் இணைந்து வலி மேலாண்மை மற்றும் நோய்த்தடுப்பு பராமரிப்பு முன்னேற்றங்கள் குறித்து ஒரு நாள் சிறப்பு கருத்தரங்கத்தை சென்னையில் இன்று நடத்தின. இதில் 200க்கும் மேற்பட்டோர் கலந்துகொண்டனர்.



சென்னை அண்ணா பல்கலைக்கழக வளாகத்தில் உள்ள தமிழ் மெய்நிகர் அகாடமியில் நடைபெற்ற இக்கருத்தரங்கில் மருத்துவர்கள், செவிலியர்கள், ஆலோசகர்கள், சாப்ளின்கள், மருத்துவ மாணவர்கள், சமூக பணியாளர்கள் / சமூக பணி மாணவர்கள் என 200க்கும் மேற்பட்டோர் கலந்துகொண்டனர்.

தமிழக பாலியாட்டிவ் கேர் சொசைட்டி தலைவர் டி.மோகனசுந்தரம் இக்கருத்தரங்கைத் தொடங்கி வைத்தார். ஐ.சி.யு.களில் நோய்த்தடுப்பு சிகிச்சை, வலி மேலாண்மை மற்றும் நோய்த்தடுப்பு பராமரிப்பு பற்றிய கண்ணோட்டம், நோய்த்தடுப்பு சிகிச்சை மற்றும் மொத்த வலி பற்றிய கருத்து, உளவியல் சமூக அம்சங்கள் மற்றும் ஆதரவான பராமரிப்பு, குழந்தை புற்றுநோயியல் - என்ன? வேறுபட்டது, வலி நிர்வாகத்தில் முன்னேற்றம், வலியைத் தவிர வேறு அறிகுறிகளை நிர்வகித்தல், புற்றுநோய்க்கான மரபணு ஆலோசனையின் முக்கியத்துவம் குறித்து கருத்தரங்கில் அலசப்பட்டது.

பாலியாட்டிவ் கேர் மருந்துகள் குறித்து அறிந்துகொள்ளும் ஆவலில் சிங்கப்பூரில் இருந்து சில பிரதிநிதிகள் வெப் மினார் மூலம் கருத்தரங்கில் தங்களை இணைத்துக்கொண்டனர்.

இந்தக் கருத்தரங்கில் கலந்துகொண்ட பிரதிநிதிகளுக்கு தமிழ்நாடு மருத்துவ கவுன்சில் மற்றும் தமிழ்நாடு டாக்டர் எம்.ஜி.ஆர் மருத்துவ பல்கலை கழகத்தின் மூலம் அங்கீகரிக்கப்பட்ட தொடர்ந்து மருத்துவக் கல்விப் புள்ளிகள் வழங்கப்பட்டன.

தமிழக ஆளுநர் பன்வாரிலால் புரோஹித் இக்கருத்தரங்கம் குறித்து அனுப்பிய வாழ்த்துச் செய்தியில், "நோய்த்தடுப்பு சிகிச்சை என்பது சுகாதாரத்தின் முக்கியக் கிளையாக வளர்ந்து வருகிறது. இருப்பினும் அது அதன் முக்கியத்துவத்தை இன்னும் பெறவில்லை. இந்த முக்கிய மாநாடு வயதானவர்களுக்கு சிறப்பு கவனிப்பை வழங்குவதில் சுகாதார நிபுணர்களை அறிவூட்டுவதோடு கல்வி கற்பிக்கும் என்பதோடு, வயதானவர்களுக்கு அன்பு, கவனிப்பு மற்றும் அக்கறை ஆகியவற்றின் மனித விழுமியங்களை ஊக்குவிக்கும். 'பாலியாட்டிவ் கேர்' என்ற மிகவும் மனிதாபிமான சுகாதாரப் பிரிவில் கவனம் செலுத்திய அமைப்பாளர்களை நான் வாழ்த்துகிறேன், பங்கேற்கும் அனைத்துப் பிரதிநிதிகளையும் விரும்புகிறேன், கருத்தரங்கில் அனைத்து வெற்றிகளையும் விரும்புகிறேன்" என்று தெரிவித்தார்.

# சென்னையில் இன்



வானம் லேசான மேகமூட்டத்துடன் காணப்படும். அதிகபட்ச வெப்பநிலை 90 டிகிரி (32.2 செல்சியஸ்).

காலை 6 மணி – அரசு யோகா மற்றும் இயற்கை மருத்துவக் கல்லூரி மற்றும் மருத்துவமனை சார் பில் 2-வது தேசிய இயற்கை கின செ ுற்ற மட்டம். ட\_ய – மருத்துவமனை வளாகம், பாக்கம்.

காலை 9 மணி – டுவின்டெக் ஹெல்த்கேர் அகா டமி சார்பில் 'வலி மேலாண்மை மற்றும் நோய்த்தடுப்பு பராம ரிப்பு முன்னேற்றங்கள்' என்ற தலைப்பில் சிறப்பு கருத்த ரங்கம். இடம் – தமிழ் மெய்நிகர் அகாடமி, கோட்டூர்புரம்.

கு ுல 9 மணி – தமிழ்நாடு மாற்றுத்திறனாளிகள் கூட்டரை அ ு கர்க்கி இட்ட கீதா சார்ப்ஸ் 40 தம்பதுக்குக்கு பவன் கல்யாண மண்டபம், கோபாலபுரம்.

#### **Neighbourhood Times - News**

Over 200 Healthcare Professionals like Doctors, Nurses, Counselors, Chaplains, Medical Students, Social Workers / Social Work Students from Various healthcare institutions attended the conference on Pain Management & Palliative Care Advances in collaboration with RMD Palliative Care Centre Balakrishnan - HOD, aspects and supportive organized by TwinTech Institute at Cancer Institute What's different, Advances is emerging as a key branch RMD Palliative Care Trust G Kumaramanickavel - Management of Symptoms still has not received its

Medical University

seminar Academy Mohana Sundaram with ICUs, Overview on Ramnarayan Julius Scott, Dr Kalpana Total Pain, Psychosocial Mahalingam.



on 18th November 2019 Anesthesia. Cancer care, Paediatric Oncology - Governor: Palliative care Healthcare Academy & Adyar, Chennai and Dr in pain management, of healthcare although it Medical Director & Head other than pain: What's due importance, I am sure CME Credit hours of Center for Medical new, Importance of Genetic that this niche conference for the delegates also Genetics, Chennai and Counseling In Oncology. awarded from Tamilnadu Mr A Mahalingam -

Medical Council and Managing Director and from Hon'ble Governor dispensing specialized care The Tamilnadu Dr MGR Prof Ramakrishnan of of Tamilnadu Shri. to the aged and inculcate TwinTech Healthcare Banwarilal Purohit , Dr the human values of love, V.Shanta - Chairman - care and concern for the was inaugurated by Experts in Palliative Cancer Institute (WIA) aged. I congratulate the Tamilnadu palliative care care were presented and Manipal University's organizers for focusing on a society President Dr.T. on Palliative Care in Vice President Dr K very humanitarian branch Palliative care physicians Pain Management And readout by organizing 'Palliative Care' and Dr.Subathra Palliative Care, Concept Chairman and Director of wish all the participating Muthukumaran, Dr. of Palliative Care and twinTech Academy Mr A delegates and wish the

Messasge will enlighten and educate Messages received healthcare professionals in were of healthcare, namely

### **Participation Certificate**



### **Group Photo**





### Photo Gallery - URL

https://photos.app.goo.gl/TjK6QefNKibYHTQ86

#### **Report Compiled by**

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